Wellness Outreach Program Assistant
University Recreation
NC State University

The mission of University Recreation is to inspire a culture of wellness by providing quality, innovative and inclusive collegiate recreation programs, services and facilities that promote healthy, active lifestyles to enhance student success.

University Recreation commits to foster a learning environment for our student employees that cultivate the skills of ethical reasoning, critical thinking, teamwork, initiative and professionalism. Programs and facilities are student run with professional coaching. The goal is to help develop student’s transferable skills and create a supportive and challenging environment for them to succeed in and out of the classroom.

University Recreation is seeking enthusiastic students to assist in leading the Fitness & Wellness Outreach program.

Responsibilities
- Assist in developing and implementing wellness initiatives which aim to improve the health and well-being of the NC State University community
- Create and deliver educational outreach presentations to NC State University students on a variety of fitness and wellness topics
- Assist in creating programming for the Wood Wellness Village living and learning community
- Help design and implement lifestyle modification initiatives which may include weight management and behavior change programs
- Recruit student staff members to assist in facilitating fitness outreach sessions or wellness-related special events
- Collaborate with other campus partners to develop comprehensive wellness programs
- Assist as needed in all required departmental functions

Department Required Skills
- Demonstrated ability to lead and supervise a team
- Effective interpersonal communication skills and presentation skills
- Commitment to customer service
- Demonstrate integrity, ethics and commitment to diversity and inclusion
- Maintain clean, appropriate and professional attire
- Commitment to promoting healthy, active lifestyles
- Encouraged to participate in student professional development opportunities

Qualifications & Certifications
- Current full-time NC State student
- Minimum 2.5 GPA
- First Aid and Adult CPR/AED certifications should be current
- Preferred: Current employment as a Group Fitness Instructor and/or Personal Trainer

AA/EOE
NC State University is an equal opportunity and affirmative action employer. All qualified applicants will receive consideration for employment without regard to race, color, national origin, religion, sex, gender identity, age, sexual orientation, genetic information, status as an individual with a disability, or status a protected veteran. Individuals with disabilities requiring disability-related accommodations in the application and interview process, please call 919.515.3148.
Final candidates are subject to criminal & Sex offender background checks. Some vacancies also require credit or motor vehicle checks. NC State University participates in E-Verify. Federal Law requires all employers to verify the identity and employment eligibility of all persons hired to work in the United States.

For More Information

• University Recreation Website, recreation.ncsu.edu

Reports to the Coordinator, Wellness Outreach