Teams
A. Teams can be co-ed, male, or female. A minimum of 4 players is needed to start the game.
   A maximum of 6 people can be on the court at one time.
B. You may sub in and out at any dead ball time, and ask the referee to do this.

Scoring
A. Rally scoring: A point is scored on every serve regardless of the team that serves.

Play
A. A ball cannot be played off the wall, poles, or curtain.
   o Trapping the ball in the net is not allowed.
B. Players must rotate after every server exchange.
   o Rotation is clockwise.
C. Players in the back row may not jump in front of the 10-foot line to block or hit the ball.
D. Games last for 15 minutes. The team with the most points at the end of 15 minutes wins.
   o In the case of a tie, play until the next point is scored.
E. Serving
   o Server must serve behind the serve line (the 10-foot line).
   o Two members of the team may hold the ball up and server may hit it out of their hands, but
     they have to be behind the serve line.
   o You may not attempt to block/spike another team’s serve.
F. A maximum of three (3) hits per side is allowed.
G. The same person may not hit the ball twice in a row.
H. The ball may not be kicked or headed at any time.
I. No leaning or sitting on the ball.
J. A player cannot hit the net or step over the middle line while making a play.

Attire
A. No jewelry or watches are allowed during play.
B. Athletic shoes are required (i.e. No flip-flops, dress shoes, or barefoot).

Attitude
A. Have fun!!! And please be respectful of your opponents, officials, and people operating the tournament!